

SPA MENU



CASA DEL ATRIO

HOTEL BOUTIQUE & SPA

Aphotecary Experience

A **signature treatment from Casa del Atrio**, in which you can **experience the alchemy of the ingredients** to create your own detoxifying, nourishing or stimulating salts or oil.

Experiment with the **Hand purifying process**, with rose water and honey, and later enjoy the **Seed Ritual**. Once you've enjoyed this experience, we move to the ***making of your own mix*** of salts and/or oils.

Finally, immerse into a hot tub or enjoy a relaxing massage:

- Mix of salts + 30 min in the hot tub: **\$950**
- Oil preparation + 30 min massage: **\$950**
- 20 min of additional hot tub: **\$500**





RECOMMENDATIONS

CASA DEL ATRIO

Water Journey

2 hr / \$2,200 MXN

- 30 min Hot Tub
- Scalp treatment
- 20 min Steam Bath
- 30 min Massage
- Tea

Spa Journey

2 hr / \$2,450 MXN

- 60 min Relaxing massage
- Exfoliation of hands and feet
- 30 min Steam Bath
- Tea

Spa Romance

3 hr / \$4,800 MXN por pareja

- Hand cleansing ceremony
- Seed Ceremony plus a personalized oil or salts preparation to take home
- 30 min Hot Tub
- 60 min Relaxing massage with aromatherapy
- Tea

Day Spa

De 4 a 5 hr / \$5,900 MXN

- Hand cleansing ceremony
- Balancing 20 min Hot Tub
- Juice and Fruit
- 60 min Relaxing massage
- Rejuvenation facial
- Bridal beauty treatment (exfoliation and deep body moisturizing)
- 15 min Steam Bath
- Tea

Friends & Bubbles

With Champagne / \$6,500 MXN

With white or red wine / \$5,300 MXN

Experience for 2 people:

- 60 min Massage
- 60 min Relaxing Hot Tub
- 1 Cheese plater
- 1 Bottle of champagne or wine

Bachelorette Party

Experience for 4 people

With champagne / \$12,500 MXN

With red or white wine / \$10,800MXN

- 4 Breakfasts
- 4 60 min Hot Tubs
- 4 60 min Relaxing massages
- 2 Cheese platters
- 1 Bottle of champagne or wine

MASSAGES

Relaxing

60 min / \$1,100 MXN

Therapy to relax body and mind, release tension and balance your senses with different techniques: aromatherapy, music and essential oils.

Back

30 min / \$750 MXN

Relaxing and stretching therapy with La Casa del Atrio oil, an in-house formula including lavender and rosemary, two powerful herbs.

Head, face and hands

30 min / \$750 MXN

Ideal treatment to help with migraine, neck pain or headaches by using a moisturizing cream massaged into your face and hands.

Feet and hands exfoliation

30 min / \$800 MXN

Reflexology

30 min / \$750 MXN

Powerful and immediate relaxing effect based on a therapeutic technique that stimulates specific spots on the feet, to control anxiety and balance bodily functions. Enjoy it with oils, relaxing essences and natural oils.

Deep tissue

60 min / \$1,200 MXN

Release accumulated tension and stress with a technique focused on the deep layers of the muscles. We use a therapeutic oil made from analgesic and invigorating ingredients.

Prenatal

60 min / \$1,200 MXN

Gentle massage that you can enjoy from the fourth month of pregnancy on. Suggested to improve blood circulation and soften the skin while relaxing legs and back.

Lymphatic drainage

60 min / \$1,200 MXN

A gentle, rhythmical massage treatment performed by a professionally trained lymphatic massage therapist who stimulates the circulation of lymphatic fluid around the body.

Sports

60 min / \$1,200
MXN

Prepares the muscles for sports activities and promotes recovery. Optional: this massage can be provided by a male therapist.

TREATMENTS

Deep facial cleansing

50 min / \$1,200 MXN

With the use of electronic waves, dead cells and skin toxins are removed. This process moisturizes and improves the blood circulation of the face, achieving radiance and smoothness.

Bridal beauty treatment

2.5 hr / \$2,600 MXN

This body scrub removes dead cells and prepares the skin for a moisturizing mask, achieving a feeling of incredible softness. Includes a steam bath.

Rejuvenation facial

75 min / \$1,800 MXN

A deep cleansing and restorative treatment that creates a lifting effect. Feel how it restores a youthful appearance to your face.

Hot stones

2 hr / \$2,400 MXN

A special massage that uses smooth, flat, heated basalt stones that are positioned along your spine, on the palms of your hands, along your legs and between the toes, facilitating the flow of vital energy and thus alleviating physical and emotional disorders.



HYDROTHERAPIES

Immerse yourself in an oasis of peace and tranquility in our outdoor hot tubs overlooking the church of San Agustín.

At the end of your therapy you will enjoy a relaxing massage on your hands, feet or back

30 min Hot tub / 30 min Massage	\$1,450 MXN
30 min Hot tub / 60 min Massage	\$1,850 MXN
20 min of additional hot tub	\$ 500 MXN

Balancing

We add our special mix of coconut milk and essential oils. Perfect to comfort body and mind.

Detox

Hot tub bath that opens your skin pores to receive an exclusive mixture of salts that helps provide your skin with minerals. The result: detoxed body and better blood circulation.

Relaxing

Receive the benefits of a hot bath with our special mix of relaxing salts and aromatherapy with lavender essence. Provides peace and tranquility in a soothing environment.

Detox steam

30 min

Regenerates the skin, removes dead cells, stimulates blood circulation, decongests the airways and releases tension. You can also choose from our selection of mineral scrubs to stimulate blood circulation and eliminate dead skin cells.

- Steam with herbs and face scrub \$500
- Steam + Massage 20 min \$750

OUR SPECIAL THERAPY

Mirror massage by 4 hands

60 min/ \$3,100 MXN

Two certified therapists working in perfect synchronization your body

and mind by combining classic relaxation techniques with specialized movements:

- rotating motions to liberate tension
- angular stretching to regain mobility
- lymphatic drainage and venous return
- sciatic nerve decompression to promote holistic wellbeing
- Our exclusive Tanaka facial treatment for smoother skin
- aromatherapy and hand and foot reflexology.



An unparalleled experience your body and mind will never forget!

HOLISTIC SPA

If you are a hotel guest, book
your experience and get a
10%DISCOUNT



T. Open all week from
10 am to 6 pm
*Check for availability**



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